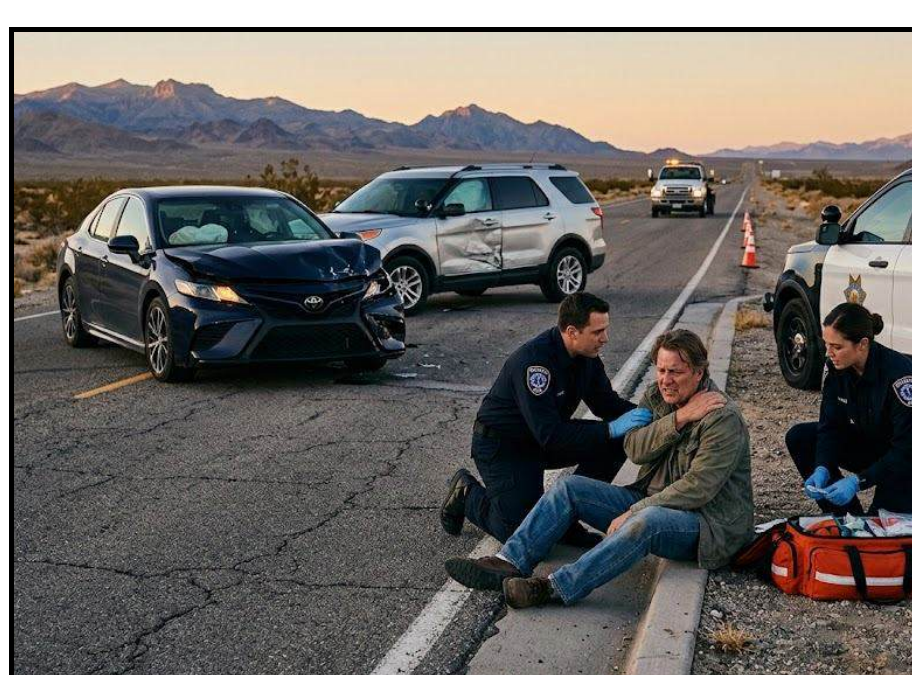


# Ways to Calculate Car Accident Pain and Suffering

## 1. What "Pain and Suffering" Means Under Nevada Law

In Nevada, pain and suffering refers to non-economic damages. These include physical pain, emotional distress, mental anguish, and the ways your injuries limit your ability to enjoy daily life. Unlike medical expenses or lost wages, these damages do not come with invoices or pay stubs.



## 2. How Insurance Companies Calculate Pain and Suffering

Insurance companies often rely on informal formulas to estimate pain and suffering. These methods are not written into Nevada law, but they are commonly used during settlement negotiations. The goal for insurers is consistency and cost control, not necessarily fairness.

## 3. How Courts and Juries Evaluate Pain and Suffering

If you cannot reach a settlement with insurers, you may advance your case to a trial. Courts in Nevada do not use strict formulas to calculate pain and suffering. Instead, judges and juries are instructed to award an amount they believe is fair and reasonable based on the evidence presented. This approach focuses more on your lived experience than on math.



## 4. What Increases or Decreases Pain and Suffering Awards?

Several factors influence how pain and suffering is valued in Nevada auto cases. Severity and duration of injury are among the most important. Permanence also matters. Emotional and psychological effects, such as post-traumatic stress or depression, also play a role when properly documented. Another key factor is the quality of evidence.



## 5. How Comparative Negligence Affects Pain and Suffering in Nevada

Nevada follows a comparative negligence system under NRS 41.141. This means your compensation can be reduced if you are found partially at fault for the accident. Pain and suffering is treated the same as other damages under this rule. If a jury awards a certain amount for pain and suffering but finds you partially at fault, that amount is reduced accordingly.



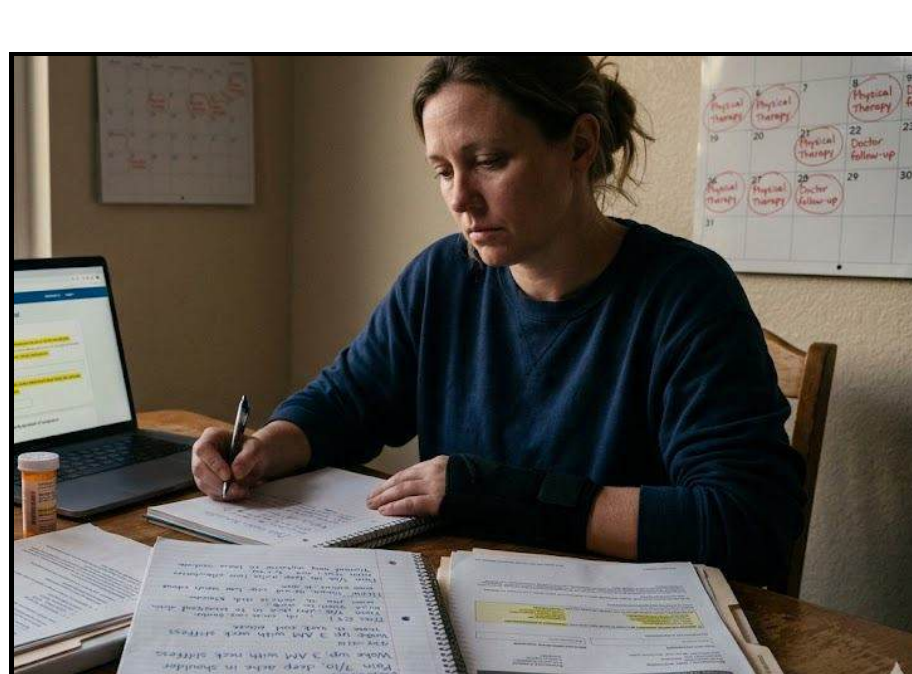
## 6. How Insurers Undervalue Pain and Suffering

Insurance companies tend to undervalue pain and suffering because it is subjective and difficult to measure. They may argue that your symptoms are exaggerated or temporary. This is why careful documentation matters. Pain journals, therapy records, and consistent medical visits help show the ongoing nature of your suffering and counter attempts to minimize it.



## 7. How to Strengthen Your Pain and Suffering Claim

To strengthen your claim, communicate with your doctors about how pain affects your daily life. Keep a journal of flare-ups and missed activities, and gather statements from family and friends about how your injuries have impacted you. Also, start a file of documents that support your pain and suffering claims. Lastly, consult a lawyer to help you compile the most compelling evidence to support your claim.



## 8. Your Suffering Matters

Pain and suffering damages exist because injuries affect more than finances. Nevada law recognizes that physical pain, emotional distress, and lost enjoyment of life deserve acknowledgment. Courts and insurers approach these damages differently, but both rely on evidence and credibility.



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